



Office Tel : +91 80 23354039

+91 80 23354085

E-mail: com-hfws@karnataka.gov.in

COMMISSIONERATE Health & Family Welfare Services

No:NVBDCP/ EST 7E/Covid 19/2023-24
(E office: 1267691)

Date:17.1.2024

Circular

Subject: Further steps to be followed to maintain the status of decreasing trend of COVID 19:
Regarding.

- Reference: 1. Even Number circular Dated: 26.12.2023.
2. Proceedings of 204th meeting of Covid 19 State Technical Advisory Committee, Dated: 4th Jan 2024.
3. Covid 19 situation review meeting under the Chairmanship of Hon'ble Minister for Health & FW, GoK, Dated: 5th Jan 2024.
4. Proceedings of 2nd meeting of Cabinet Subcommittee on Covid 19, Dated: 10th Jan 2024.

Necessary directions were issued to health officials earlier vide circular dated 26.12.23 at Ref 1 for compliance. As Karnataka is witnessing decreasing trend of Covid 19 cases, the following instructions are issued to be followed at appropriate levels.

1. All Elderly individuals (above 60 years) with ILI symptoms shall be tested for Covid-19.
2. Covid 19 patients in Home isolation shall be monitored regularly by Medical Officer and staff of PHC / UPHC / Namma Clinic and CHO at Sub centre level.
3. Elderly individuals and persons with co morbidities who are COVID 19 positive shall be monitored by the care-giver or self – monitored, as the case may be, at home on a regular basis and when danger signs if any appear (in SPO2 level, BP, Pulse Rate, Body temperature), they shall seek appropriate medical advice / consultation.
4. The existing protocols for treatment of patients admitted in the ICU shall be followed. And Covid patients admitted in ICUs shall be monitored through Tele ICU from State HQ.
5. Diabetes and Hypertension conditions management in admitted Covid patients needs to be intensified. Investigations to look into pulmonary embolism are reiterated.
6. Co-morbid asymptomatic persons staying with Covid Positive person shall be considered as 'High Risk Group' & clinically evaluated for their co-morbid conditions and suitably managed.

74

7. State Death Audit Committee shall audit Covid deaths regularly and submit the audit reports with necessary recommendations, to Health Commissionerate. As a norm, there should not be a lag of more than 5 unaudited Covid deaths at any point of time.
8. Persons staying in prisons shall also be directed to follow Covid Appropriate Behavior (CAB) such as wearing face mask, use of hand sanitizer, social distancing as far as possible and also respiratory etiquette. The respiratory symptomatic shall be immediately provided with medical consultation. If, tested positive, they have to be admitted to the attached prison hospital and managed accordingly.
9. Treatment of COVID 19 positive persons shall be as per GoI guidelines issued vide Clinical Guidance For Management of COVID 19 Patients, dated: 5th Jan 2023 (Copy annexed).

The State/District Health Authorities and BBMP Health Authorities should therefore, ensure that the above mentioned directions are complied with and monitored to restrict the spread of Covid infection and in the larger interest of Public Health.

RLP 17.01.24
(Randeep D.)

Commissioner
Health & Family Welfare Services

To,

1. The Special Commissioner Health & IT, BBMP, Bengaluru
2. The Deputy Commissioners of all districts
3. CEO, ZP of all districts
4. Chief Health Officer, BBMP
5. The District Health and Family Welfare officers of all districts
6. The District Surveillance Officers of all districts
7. The Mission Director-National Health Mission, Arogya Soudha, Bengaluru, for info.
8. The Director, Health & Family Welfare Services, Arogya Soudha, Bengaluru, for info.
9. The Director, Medical Education, GoK, for info.

Copy for kind information to:

1. Chief Secretary, GoK
2. The Chief Commissioner BBMP, Bengaluru
3. The Principal Secretary to Govt, Department of Health & Family Welfare Services, Vikasa Soudha, Bengaluru.
4. PS to Honble Minister for HFW and Medical Education.

RLP